

# Shabbat Shalom!

#### Parashat Beshalach - 7th/8th February 2025

Welcome to our Shabbat Ha'irgun! We are really excited to see GGS youth, families and children tonight and tomorrow. As well as Friday night dinner and Shabbat lunch tomorrow, for those who have booked, there will also be activities for school-aged children throughout Shabbat.

After Minchah, Rabbi Kurzer will continuing his shiur series on *'Electricity on Shabbat*'.

Please find attached this week's yahrzeit list.

PRE-YOUTH (Y5 & Y6), Glass Cube (upstairs)

TODDLERS (Pre-school), Rimon Hall

CHILDREN (Reception-Y4), Board room (upstairs)

Shabbat shalom

#### **Service Times**

Earliest Candle lighting: **4:01pm** Latest Candle lighting: **4:45pm** Kabbalat Shabbat: **4:45pm** Shacharit: **9:15am** Minchah: **4:30pm** Shabbat ends: **5:51pm** 

#### Tu B'Shvat will be on Thursday

Weekday service times: Shacharit: Sunday - 8:30am, Monday & Thursday - 7:15am, Tuesday, Wednesday & Friday - 7.25am Mincha/Ma'ariv: Sunday to Friday -5pm

There is no youth service tomorrow Other children's services start at 11am

FOR MORE INFORMATION ON YOUTH ACTIVITIES, PLEASE CONTACT OUR YOUTH DIRECTORS, MIA & ARIEL: YOUTH@GGSHUL.ORG.UK

### Happy Birthday

Arielle Addlestone Seraphina Addlestone Abigail Bensoor Eden Levine

#### **Bnei Akiva**

We look forward to seeing children at our Shabbat Ha'lrgun this Shabbat.



Mazal tov to Daniel Rodney & Victoria White on their 10th wedding anniversary.

mazel tov!!

## upcoming events

Please see the attached programming for February and March - the upcoming event details, including Purim, are below.

### Whisky Tasting Evening - Tomorrow night

We look forward to seeing those who have booked at our whisky tasting fundraising tomorrow night.



#### Wednesday Parsha Club - 12th February

The next Parsha club, at the home of Rebbetzen Kurzer, will be this Wednesday, 12th February. This group is open to men and women of any age or stage - we would particularly love to welcome parents looking after babies. If you are working from home or locally, feel free to BYOL (bring your own lunch), we keep to time and will be finished on the hour. Drinks and light snacks are provided, as are interesting discussions on relevant and contemporary topics! Please do join us.



#### Pizza & Torah Series - 15th February

The second session of Pizza & Torah for parents/grandparents and children/grandchildren (ages 8-18) will take place next motsei Shabbat, 15th February from 6pm to 7:15pm. To sign up, please email hadassah@ggshul.org.uk. This is a fantastic opportunity to spend meaningful time together while exploring the richness of Mishna with fabulous workbooks.





### **Guest Shiur**

Rabbi Daniel Feldman will be giving a shiur at the home of David & Lisa Scott on motsei Shabbat 22nd February.

Rabbi Feldman is a community Rabbi, Rosh Yeshiva and writer and is renowned for his breadth of knowledge and presentation style and we look forward to welcoming him.

### Bat Mitzvah Course - 24th February

We look forward to seeing bat mitzvah girls with their parents at our hands-on learning journey on the 24th February followed by the 24th March, 28th April, 19th May, 23rd June and 13th July from 7:30pm to 8:45pm. To register, please email Hadassah hadassah@ggshul.org.uk.



### Next Friday Night Special - 28th February

The next Friday night kiddush will take place on the 28th February - we look forward to seeing you there!

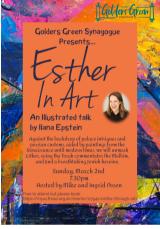
## Esther in Art - 2nd March

On Sunday 2nd March at 7:30pm, Rebbetzen Ilana Epstein will be giving an illustrated talk on Esther in Art, kindly hosted by the Posens. There is no cost but we do need to know numbers and would ask you to book by clicking <u>here</u>

### Foundations of Parenting - 4th March

The next session of Hadassah's monthly parenting workshop will be on the 4th March followed by the 1st April. This course is designed for mothers of toddlers and primary school children and blends Jewish wisdom and practical advice to support you on your parenting journey. To sign up, please email <u>hadassah@ggshul.org.uk</u>





#### Foundations of Parenting

A monthly parenting workshop designed for mothers of ddlers and primary school children, led by Rebbetzin Dr. adassah Fromson. This workshop blends Jewish wisdom, ychological insights, and practical advice to support your parenting journey.

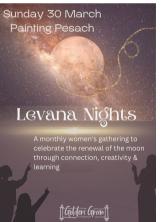




### Women's Levana Nights - 8th March

Last motsei Shabbat's Levana Nights at the UCL Observatory was a wonderful success with 35 women attending. Many thanks to our Women's Officers Caroline Levey and Annabel Ries for organising this, together with Rebbetzens Abi and Hadassah.

The next Levana Nights 'Paint the Hagaddah' will be on 30th March. Booking details to follow shortly.





Our 30th NHS blood donor clinic will take place on Sunday 9th March.

### Gemara Shiur

The gemara shiur continues on Tuesday at 8pm in shul. All welcome! Recordings can be found <u>here</u>.





#### Purim @GGS!

**Stand up for Purim:** GGS presents Stand up for Purim with Rachel Creeger and friends! This event is for over 16s only. Join us for a night of megilla, dinner and comedy. We will also be selling raffle tickets on the day and leading up to the event to be drawn at the end of the evening!

Please click here to book. Tickets are £10 for members and £15 for non members.

**Purim with a Glow:** As usual, there will be a children's programme (for aged 3-11) during the evening Megillah reading on Thursday 13th March. This year, it will be an interactive Megillah play with a glow twist! Pizza and snacks will be provided. Please click <u>here</u> to book - the cost is  $\pounds$ 4 per child.

**Open House BBQ Seudah:** On Friday lunchtime, between 12pm and 3pm, the Fromsons will be hosting an open for everyone, though it's primarily aimed at young families. There will be a **bouncy castle, arts & crafts and food**. If you would like to come, please email Hadassah hadassah@ggshul.org.uk



Youth Leaders Wanted!



Tribe Camp is looking for leaders to staff our summer camps and are offering a free trip to Israel following summer camp for leaders. For more details, click <u>here</u> or email tomorbelovski@tribeuk.com



### GGS Rotas - Security & Kiddushim

Please sign up for security on Shabbat mornings – we need you to help keep us all safe,. Click <u>here</u> to sign up.

Please also sign up for kiddush on Shabbat mornings. If you can help, please do sign up by clicking  $\underline{here}$ 

### **Anim Zemirot & Parasha Tidbits**

Would your son like to lead Yigdal on Friday night or Anim Zmirot on Shabbat morning? Do you have a teenage boy or girl who would like to deliver a 2-minute Parasha Tidbit? Email <u>Gabriel</u> for more information.

#### Jokes

I once swallowed a bunch a synonyms. It gave me thesaurus throat I've ever had I got mugged by 6 dwarves last night. Not happy. The inventor of Velcro just died. Rip What did the drummer names his 3 daughters? Anna 1, Anna 2, Anna 3

### **Useful Contacts**

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Simon Cohen, s.cohen@taylorwessing.com

If you no longer wish to receive community updates from Golders Green United Synagogue, you can <u>unsubscribe</u>.

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